### Premier League Primary Stars

# The challenge **Dream challenge**



"Who has a dream? I know I do. One of my biggest dreams growing up was to become a children's author. I also loved played football and dreamt of playing in a girls' football team. Somehow I have managed to bring these two things that I'm passionate about together. In my first book, Jaz Santos Vs The World, Jaz dreams of winning a football tournament and one day going on to play in the WSL, or even the national team. So, how about you? Do you have dreams and hopes? I wonder what they are...

That is what my challenge is all about. I want you to share your biggest dream – no matter how different or out there it is! And I want you to tell me how you might use my three top tips to achieve it. Or you can use your own steps! It is your dream, after all.

Let me give you an example. To make Jaz's dream a reality, she had PASSION. She loves football so much! She PRACTISED. Specifically she practised penalties – her biggest football weakness. And she showed PERSEVERANCE. She didn't listen to all of those who said girls couldn't play football, she focussed on sticking with what she wanted, and worked with her

team to overcome the obstacles they faced. You could think of these three things, passion, practice and perseverance, as steps that can help you to achieve your dream. Can you tell us how you might use these three steps to help your dreams come true?

To start you off on your path to achieving your dream, you've got my top tips, and a template that you can use to map out your masterplan. Let's get dreaming!"

#### **Priscilla Mante**



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### About the challenge

This challenge is supported by the National Literacy Trust and top author Priscilla Mante. Priscilla is a London based writer who comes from Glasgow! She has worked for several years delivering activities to young people, and Jaz Santos vs. the World is her first novel.

#### Don't miss out...

You can hear from Priscilla and join in with her workshop in a special free Zoom Webinar event on Tuesday 15 June at 10:30am, with TV presenter Kenzie Benali. At the event Priscilla will talk about how she pursued her dreams to become a writer, and help us all to shape an amazing dream team! Why not join in, ask Priscilla and Kenzie questions, and ask for shout outs?





## The challenge

#### Your dreams

We pretty much all have a dream, right? And if you don't have one just yet, it will be inside you, bubbling along, waiting to come out. When we do have a dream, we probably think it's only for us, and we might even worry that we might not be able to achieve it. But, as they say, if you dream it, you can do it! So let's get you started on planning how you are going to make that dream come true.

#### Here's what to do:

- **1.** Use our templates (or any piece of paper) to write down what your dream, or goal, is. Try to visualise it. You could even draw it, if you like!
- 2. Think about the values you will need to achieve your dreams, how they might help you, like stepping stones, to reach your goal. You can use Priscilla's hat-trick of steps, write down how you will use them, or you can think of your own. Again, you can draw what these look like, as well as writing about them, if you wish.
- **3.** Take a photo of your completed template, and ask your teacher or parent to send it to us at **PLprimarystars@premierleague.com** for the chance to win a bumper box of books for your school!





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## Priscilla's top tips:

- 1. PASSION. You need to find the thing inside you that fires you up! This is the key to imagining the dream that you want to achieve.
- 2. PERSEVERANCE. Sometimes you have to dig deep and find that little bit extra to keep going despite the obstacles and hurdles you may have to overcome. Persevering is all about not giving up when things get tough. If you don't make yourself, who is going to?
- **3. PRACTICE**. Practise often. Practise regularly. Like it's the real thing. And it's not just your body's muscles that need to train, your brain is also like a big muscle! The more you use it, the bigger it gets.

